# Sounding off on bar security

Internet community urges more training for bouncers after an account of a bar patron's ejection goes viral PAGE 3



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metrical entires.

Tuesday, February 19, 2013



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# **Busker Fest on the brink**

**Money matters.** City committee reluctant to hand over annual grant to cash-strapped, debt-ridden festival

Put the hat back on and shut the guitar case.

A city committee has balked at an increased funding

request for one of HRM's mostloved summer events. Members of the special

Members of the special events advisory committee held off on approving the annual grant for the Halifax International Busker Festival Monday, citing concerns with the festival's finances.

"I am just really uncomfortable that they get no money from the province and they get no money in cash from a corporate sponsor," said committee member Colin Richardson

City staffers are recommending renewing the annual grants for eight other Hallmark Events, including the Tattoo, Bluenose Marathon Halifax Pride and Jazz Festival.

The Busker Festival owes HRM about \$8,800, and representatives told the committee they would need \$75,000 to

make this year's event viable — \$25,000 more than was recommended.

"We're in a financial crisis this year," said Busker Festival Society board of directors member Rick Fair. "The festival is a champagne event on a beer budget."

Committee member Stuart Jolliffe said any grant for the festival should be conditional upon a balanced budget. "I really struggle with this event," he said. "Should it be conditional that they actually have a zero-based budget due to the fact that they owe money to the HRM, or are we just simply giving them money so they can increase the debt?"

Richardson also suggested that the grant be awarded only if the festival can secure provincial funding. "If they're bringing 500,000 people into HRM, I can't see why the province wouldn't want to come to the table with something," he said.

The committee agreed to hold off on a final recommendation until a meeting on March 6.

Of the other eight Hallmark
Events, only one is expected to
see a drop in its annual grant.
MARIKA MCKENZIE/FOR METRO



Quote



"Buskers is the only one that gives me a bad feeling. And they gave me a bad feeling when I was here three years ago."

Committee chair Coun. Brad Johns



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# Shining a light on bar security

**Downtown.** Online account of patron's violent ejection prompts calls for training for bouncers, servers



HALEY RYAN halev.rvan@metronews.u

A local musician's description of an alleged confrontation between a bouncer and bar patron in downtown Halifax is raising questions about regulating the service and security industries.

John Wesley Chisholm wrote a post on Facebook titled "Hello City — We have a Violence Problem" this weekend, claiming he saw a bouncer from The Carleton use excessive force when ejecting a young man.

"There is a cultural change that needs to take place... We decide if this level of violence is just part of it," Chisholm said Monday.

The post went viral on social media almost immediately, with most commenters calling for more training for bouncers and other bar staff.

Gordon Stewart, executive director of the Restaurant Association of Nova Scotia, said he's met many door staff who are "pretty bright people" and "have a good head on their shoulders."

"You don't hear that very often," Stewart said of the violence Chisholm claimed he witnessed, which included the patron's head allegedly being smashed into the ground.

Stewart said the main contributing factor to downtown violence is the over-consumption of alcohol.

He's working on a new training program through the Patron Accountability Safety and Service (PASS) program to educate all bar staff on the Liquor Control Act.

"We want to up the skill set because there's no real training," Stewart said about the "complicated" details of the act.

A provincial law setting out standards for security staff — including bouncers — will likely be proclaimed this summer, a Justice Department spokesperson said via email.

The regulations require training to ensure security personnel have the skills to better protect "themselves, persons, and property."

"More training, support and regulation will ensure that all our bouncers ... can do their job safely and effectively," Justice Minister Ross Landry said in an emailed statement.



The Carleton on Argyle Street, where a local musician claims he witnessed a bouncer use excessive violence against

# Police review set after alleged Carleton violence

Halifax Regional Police are reviewing the way patrol officers handled the incident outside The Carleton bar Saturday night after seeing John Wesley Chisholm's Facebook post claiming officers did not follow correct procedure.

In the post, Chisholm said he wasn't given the name and rank of the constable who responded to the incident even when he asked for it, and that officers refused to take his statement about the event when he volunteered it.

"We would rarely take a

Quoted

"It is surprising, the amount of attention, but it does reflect a reality and we're glad to see our concerned citizens are actually voicing opinions on the issue."

HRP Const. Pierre Bourdages

statement on the side of the road, especially when you have several people that have witnessed the same thing," said Const. Pierre Bourdages. "You don't want to speak to one person and then have it crosscontaminate with the other person."

Bourdages said normal procedure would be for the officer to gather contact information the night of the incident, and then follow up with witnesses a day later and interview them in a quiet setting.

Due to the level of interest, Supt. Sean Auld has been assigned to review the case and is reaching out to those involved, according to a press release. Auld will also determine if

Auld will also determine if there is any surveillance video in the area that can be of use, Bourdages said.

"It's a silent witness. It just oversees what's happening without any bias or opinion," Bourdages said. "That would certainly help in determining exactly what happened."

The young man ejected from the bar has not pressed charges, and though some have called for police to lay charges on his behalf, Bourdages said it cannot be done with common assault.

"We need the victim to be willing to proceed," he said, and added domestic violence is one of the only crimes in which an officer is compelled to lay a charge regardless of the victim's wishes.

HALEY RYAN/METRO



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# Four arrested in gas-station thefts

**Court dates.** Quartet of suspects accused of stealing gas, air compressors and a boat since December



RUTH DAVENPORT

RCMP in Halifax say four young men are facing charges related to a rash of thefts from several service stations across HRM.

The men are from Ham-monds Plains, Fall River and Brookside and range in age from 18 to 20. They're facing charges of theft under \$5,000, break-and-enter and mischief, and have appearances scheduled in three different provincial courts over the next two months.

Cpl. Scott MacRae said the four men are accused of stealing seven air compressors from gas stations in Halifax,



Bedford, Lower Sackville, Waverley, Fall River, Enfield and Elmsdale between December and mid-February.

They're also accused of stealing gas from some of the same locations.

"It looks like these four were trying to profit from the gas stations. (They were) either taking gasoline with-out paying, and then the air compressors for change and possibility of selling them,"

he said. "We found several of them damaged, so we believe most likely it was for the cash

MacRae said the four suspects were also allegedly found in possession of a boat stolen from a Chester business, and are facing a charge of theft over \$5,000.

They're due in Dartmouth provincial court on March 27, Bridgewater on April 3 and Shubenacadie on April 15.



# This snow really blows

A pedestrian makes her way through blowing snow along Brunswick Street at the foot of Citadel Hill on Monday. Snow and blowing snow closed schools and caused event cancellations throughout HRM. JEFF HARPER/METRO

# Woods Harbour

# Search underway for five crewmen after capsizing

A search was underway Monday for five halibut fishermen whose vessel sank off the southwest coast of Nova Scotia in 10-metre seas lashed by hurricane-force winds.

The boat, based in Woods Harbour, sent out a distress signal Sunday at 11 p.m., said navy Lt. Peter Ryan, spokesman for the Joint Rescue Coordination Centre in Halifax.

The weather out there was very poor, low visibility and high winds and very challenging seas," he said in an interview.

A Canadian Forces Cormorant helicopter and two Canadian Coast Guard ships were dispatched to the area, about 120 kilometres southeast of Liverpool.

Ryan said the crew of a U.S. Coast Guard aircraft reported spotting a life-raft early Monday, but he couldn't

offer further details. The warden of the Municipality of Barrington, Eddie Nickerson, said the community of 7,000 was waiting anxiously for any news from searchers.
"I know all of the boys that

were on the boat," he said. "It's a fragile situation.... I'm pretty sure (the crew) is all under the age of 30."

The overnight storm that swept through the Maritimes knocked out power for thousands and schools were cancelled in parts of the province Monday. THE CANADIAN PRESS



for the lives and health of the players in the nine-team league. "The returns have been striking: Reduced alcoholism and hospitalizations, players finding homes and jobs. It's amazing what a difference these games make." DOCSFORPATIENTS.CA

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# At least 3,000 children died in residential school system

# Hard facts emerge.

Disease the lead killer, ahead of malnutrition, fire, drowning, suicide

At least 3,000 children are now known to have died while attending Canada's In-dian residential schools, according to new unpublished

While deaths have long been documented in the residential school system, the findings are the result of the first systematic search of government, school and other records.

"These are actual confirmed numbers," Alex Maass, research manager with the Missing Children Project, told The Canadian Press from Vancouver. The number could rise as more documents come to

The largest killer, by far, was disease. For decades starting in about 1910, tuberculosis was a consistent killer. The Spanish flu epidemic in 1918-

In all, about 150,000 First Nations children went through the church-run residential school system, which ran from the 1870s until the 1990s.

Curriculum. In many cases, native kids were forced to attend under a federal policy of "civilizing" aboriginal peoples.

1919 also took a devastating toll: In one grim three-month period, the disease killed 20 children at a residential school in Spanish, Ont., the records show.

While statistical analysis has yet to be done, the records show children also died of malnutrition or accidents. Schools consistently burned down, killing students and staff. Drownings and exposure were other causes.

Many kids were physically, mentally and sexually abused. Some committed suicide.



Some died fleeing their schools, including four boys

— two aged eight and two aged nine - in January 1937. A Canadian Press report from Vanderhoof, B.C., describes how the four bodies were found huddled together in slush ice on Fraser Lake.

The records reveal the

numbers only fell off dramatically after the 1950s, although some occurred into the 1970s.

In fact, Maass said, student deaths were so much part of the system, architectural plans for many schools included cemeteries laid out in advance.

Maass said researchers had identified 50 burial sites as

part of the project. About 500 of the victims remain nameless. Documentation was contained in Department of Indian Affairs yearend reports, which abruptly stopped in 1917.

"It was obviously a policy not to report them," Maass said. THE CANADIAN PRESS

# Recruitment fund

# Cops feel squeeze as program ends

The end of a federal program aimed at putting more cops on the street is threatening anti-gang squads and aboriginal police and could stretch existing resources across the country, law enforcement officials say.

The \$400-million Police Officer Recruitment Fund was set up in 2008 in order to add 2,500 new officers.

Julie Carmichael, a spokeswoman for Public Safety Minister Vic Toews. reaffirmed the government's commitment to being tough on crime.

"We were pleased to make a significant onetime investment," she said via email.

Opposition Leader Tom Mulcair said the continuation of the fund has always been important to his New Democratic Party.

He told a recent news scrum in Montreal that the Conservatives "like to snap their suspenders and tell everybody they're a law-and-order government.

"It's an irony to see them scaling back investments on law and order." THE CANADIAN PRESS



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# Thousands protest in Pakistan after Shiite-targeted bombing kills 89

**Sectarian attacks.** Latest in a string of violence against Muslim sect sparks outrage against government inaction

At least 15,000 Shiite Muslims took to the streets in southwest Pakistan on Monday in a second day of protests following a bombing that killed 89 people. Relatives of the victims refused to bury their loved ones until the army takes action against the militants targeting the minority sect.

Meanwhile, militants wearing suicide vests and disguised as police officers attacked the office of a senior political oficial in northwest Pakistan, killing six people, police said.

Pakistan has been besieged by militant attacks in recent years, many of them carried out by the Pakistani Taliban, who have been waging a bloody insurgency against the government. Radical Sunni militant groups have also increasingly targeted the country's Shiites because they do not view them as real Muslims



A police officer grieves Monday outside a hospital over the deaths of his colleagues killed in a bombing in Peshawar, Pakistan. Militants disguised as police officers attacked the office of a senior political official, killing several people, officials said. SOHAIL IQBAL/THE ASSOCIATED PRESS

Many of these sectarian attacks have occurred in southwest Baluchistan province, which has the largest concentration of Shiites in Pakistan. Many are Hazaras, an ethnic group that migrated from Af-

ghanistan over a century ago.

The bomb that ripped through a produce market Saturday in Baluchistan's provincial capital of Quetta was the second mass-casualty attack targeting Shiites in the city in

a little over a month. A double bombing of a billiards hall in January killed 86 people. The death toll from the

The death toll from the most recent blast, which was caused by a bomb hidden in a water tank, rose to 89 on Mon-

day after eight people died of their wounds, said Baluchistan's home secretary, Akbar Hussain Durrani.

Outrage over the attacks has grown in Pakistan, and protests were held in over a

#### Harsh criticism

Rights groups have criticized the government for not doing enough to crack down on the attacks.

- They explain this apathy by pointing to past connections between the country's military and anti-Shiite militants, and also allege the sectarian groups are seen as less of a threat than the Taliban because they are not targeting the state.
- Despite this criticism, the Shiites in Quetta see the Pakistani army as their only potential saviour and are demanding the generals be given control of the city. They blame the provincial government and police for failing to protect them.

half dozen cities Monday in addition to Quetta. But it's unclear whether the demonstrations will spark action that will make the Shiites any

THE ASSOCIATED PRESS

# Round-the-world journey ends fatally in Thailand

A British couple's round-theworld cycling odyssey ended in tragedy when both of them were killed in a road accident in Thailand.

Peter Root and Mary Thompson, who had been chronicling their journey in a blog, died Wednesday when they were hit by a pickup truck in a province east of Bangkok, Thai police said Monday.

The couple, both 34 and from Guernsey in the Channel Islands, left Britain in July 2011 and had cycled through Europe, the Middle East, Central Asia and China.

The trip was a once-in-alifetime experience for the couple, who met in art school and spent six years saving money and planning their journey, Peter's father Jerry Root told The Associated Press in an interview.

"They were both inspirational," Jerry Root said. "They didn't just talk about it, they did it. I couldn't be prouder of them."

He said they were both experienced cyclists who knew the rigours and risks of extended bicycle travel.



"What helps me is to think of how happy they were with each other. They were leading the life they wanted to," he said.

The couple had been posting photos and details of their trip on the website Two on Four Wheels. They also had many followers on Twitter and Facebook who were tracing their journey, which included a trip through re-

mote parts of Central Asia.

A video they posted from that part of the journey shows them camping in the desert, riding through hills, stopping to swim in rivers and lakes, and braving heavy snowstorms. They also cycle through tense situations as armed conflict breaks out during their journey through Tailkistan.

THE ASSOCIATED PRESS



# Mired up in expectation

A woman caked in mud takes part in a presentation during the inauguration of the National Meeting of Rural Women in Brasilia, Brazil, Monday. The four-day event aims to discuss the issues of violence against women and exploitation of women in rural areas.

ERALDO PERES/THE ASSOCIATED PRESS

# Russia

# Scientists recover meteor fragments

Scientists have found more than 50 tiny fragments of a meteor that exploded over Russia's Ural Mountains, and preliminary tests are turning up information about its contents.

However, local residents seem more interested in the black-market value of the fragments. As they search for their own pieces of the meteor, sales offers already are filling the Internet, and police are warning all purchasers to prepare for possible fraud.

The meteor — which injured nearly 1,500 people and caused widespread property damage in Chelyabinsk city on Friday — was the largest recorded space rock to hit Earth in more than a century.

THE ASSOCIATED PRES



Pieces of a meteorite are seen in a lab in Yekaterinburg, Russia on Monday, THE ASSOCIATED PRESS





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# Can PS4 inject some life into home gaming?

# Launch rumoured.

New system might steal a bit of thunder back from tablets and smartphones



It's been six years and counting now since the arrival of the PlayStation 3 — pretty much an eternity in tech years — but the wait may be at an end. Will Wednesday be the day that Sony announces PlayStation 4?

While there's yet to be any official word from the company, observers have been busy predicting what the long-awaited new system might be like.

It could feature a new control with touch pad capabilities, they say, like the PS Vita. It could allow more than one user to log in at the same time. It will likely have a more advanced mo-

#### Quoted

"They are really angling for (the PS4 to be) a piece of your living room, not only as a gaming device but a digital lifestyle hub."

Scott Steinberg, gaming industry consultant

tion support system and be able to stream games and content.

One thing is a fact: Play-Station 4 will represent Sony's attempt to put some interest back into the home gaming market and to quash rivals Nintendo and Microsoft once and for all, especially in the US

cially in the U.S.

"PlayStation 4 could potentially help reignite some interest in the retail console gaming market and top systems, much of the thunder of which has been stolen by smartphones, tablets and alternative gaming devices," said Scott Steinberg, a gaming industry consultant.



# **Telling whoppers on Twitter**

Just call it a virtual Big Mac attack. On Monday, Burger King asked Twitter to suspend its account after it was apparently hacked. Starting just after noon, eastern time, the fast-food company's Twitter picture was changed to a McDonald's logo, the background picture changed to McDonald's new Fish McBites and the account tweeted that Burger King had been sold to McDonald's. Burger King hopes to have the account back up soon. THE ASSOCIATED PRESS

# Man released following attack on Canadian-owned mining project

A Greek prosecutor ordered the release Monday of a 54-year-old man hours after he was arrested in connection with an attack on a Canadianowned gold mining operation in which about 40 masked intruders torched machinery and vehicles.

Police had arrested the man for "moral instigation" of the attack due to his contribuBy the numbers

95%

The mining company developing the Skouries project, Hellas Gold, is 95 per cent owned by Vancouver-based Eldorado Gold Inc., and is planning a gold mine and processing plant

tions to an anti-mining blog. The prosecutor later ordered him released without officially charging him, while also ordering the investigation to continue.

Opposition to the Skouries mining project in northern Greece's Halkidiki peninsula runs deep and the area has seen numerous protests in recent months, some of which have turned violent.

THE ASSOCIATED PRESS

# Bombardier.

# Electric buses to be tested in Montreal

Bombardier's electric transit technology will be tested next winter on buses in Montreal, and then in early 2014 on an urban route used by passengers in the German city of Mannheim.

The transportation giant's Primove technology is designed to allow buses to be charged by underground induction stations when they stop to let passengers hop on and off. Small amounts of energy emitted from an electromagnetic field are used to quickly charge batteries on the bus and propel it to the next power source. That removes the need for lengthy overnight plug-ins, allowing the buses to remain on the road longer.

Bombardier will test the technology in Canada's harsh winter conditions at a special track on Ile-Ste-Helene, the home of Expo 67, in partnership with Hydro-Quebec and an undisclosed bus manufacturer. While Germany will test the system using buses filled with passengers, there are no immediate plans to do so in Canada. THE CANADIAN PRESS

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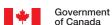
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# **GOD BLESS AMERICA AND ITS** UNLIMITED **BREAD STICKS**



I am a self-appointed restaurant snob. The establishments I frequent usually don't seat more than 30 diners and are regularly featured on best-of lists. And yet somehow I recently found myself

at an Olive Garden in upstate New York.

We arrived at 5:55 p.m., an ungodly dinner hour for most urbanites, only to be told that the wait would be an hour and a half. Evidently, this wasn't just THE place to eat in Cheektowaga on a Saturday night. It was also the only place to eat.

I settled in at the bar and ordered myself a supersized glass of wine and drank in the surroundings — this was my first Olive Garden experience after all. Between the throngs of cross-border

# Made in America

Walls were lined with black-and-white photographs of wrinkled Italian nonnas who had surely never been anywhere close to a strip måll off I-90.

shoppers and teenaged couples, I noticed the walls were lined with black-and-white photographs of wrinkled Italian nonnas who had surely never been anywhere close to a strip mall off I-90.

Eventually, we were seated at a table with six extra-wide chairs equipped with wheels, presumably because some people are not physically capable of lifting themselves out of their seats after consuming deep-dish bowls of cheese ravioli. When

our eager-to-please server arrived, I noticed that she was wearing a green button emblazoned with the word "hospitaliano," a portmanteau describing the chain restaurant's unique brand of fauxtalian friendliness. Overwhelmed with the laminated booklet full of menu options, I asked her what she recommended. The effervescent 20-year-old lived up to her button mantra and told me to order anything I wanted and she'd make it happen.

I couldn't help drawing comparisons to my favourite no-reservations, no-substitutions authentic Italian restaurant in Toronto where the servers, most of whom look impossibly cool and beautiful, scorn anyone who dares to ask about customizing their meal. It's a masochistic dining experience in which you as the customer are never right and should feel lucky to even snag a spot in the restaurant. In most cases, that spot is upon an uncomfortable stool positioned so close to fellow diners you'll be elbowed in the ribs constantly while they snap photos of their Mason-jar tiramisu.

And yet here I was, lounging in a double-wide rolling chair stuffing my face with reasonably priced penne. After 90 minutes, I found it impossible to hold my body up straight and was just one bite of cheesecake away from smearing a greasy bread stick on my seat to help myself slide out of my chair.

As I lurched out of the restaurant, the crowds were continuing to stream in. My inner foodie cringed but I had to admit there was a certain appeal. I don't care how sophisticated

your palate is, everyone can appreciate a hefty quantity of cheesy carbohydrates for just

Follow Jessica Nanier on

# Life's a converted air-force hangar



# Sunny side of winter

# Indoor beach lures sun seekers

Without a cloud in the sky, this beach is the perfect place to relax.
The Tropical Islands

resort in Krausnick, 60 kilometres south of Berlin, welcomes up to 6,000 visitors a day who are keen to shed their winter wear for bikinis and trunks. Located on the site of a former Soviet air base, the indoor resort occupies a hangar first built to house airships. metro

# Not quite an island

- Size. 360 metres long, 210 metres wide and 107 metres tall - New York City's Statue of Liberty could stand inside it, and Paris' Eiffel Tower could lie
- No sky, no problem for sun seekers. Special translucent panels in the south side of the roof allow UV light to shine through.
- Constant temperature. 26 C inside compared to -20 C outside.



ent consortium saw life in the old h and reopened it as an indoor tropical resort in 2004



# Panel

and take the quick poll

# Do you fear a meteor strike?

50%

50% YES. AS MUCH AS I FEAR A ZOMBIE APOCALYPSE ... SO A LOT

> 0% NO. THERE ARE MORE IMMEDIATE

## @wilcre:

won I won a free coffee on my first roll up to win of the year, now for the second.

## @EricoTheriault:

Butt-a-foo-co so hard to say correctly #NewsRadio

# @VelvetCyclone:

"Do you remember when you were young and you wanted to set the world on fire?" I'm guessing I want to set it on fire a differ-

# @TheLowerDeckPub: •

The moment when you realize that you are not as cool as you thought you were. #whenyouhaveateenager

## @trudi e:

Sometimes my instinct is nostinct and that stinks.

# @mostlyinvisman:

Bacon. Yes, bacon is what I need.



**SCENE** 



# Argo

Stars. Ben Affleck, Bryan Cranston. John Goodman

Ben Affleck's thriller revisits the 1980 "Canadian Caper" from Iran and declares it was really a covert glitter and car chases. Argo tells this whopper of a tale with style, wit and a level of excitement designed for up seven nominations, it matter that Affleck's movie, based on Chris Terrio's script, bears about as much resemblance to the real story as a red Twizzler does to a strawberry? Perhaps not, if the crunch of your popcorn can drown out the sound of discarded facts swirling the drain, as so often happens when Hollywood meets history. Despite these and other criticisms — the film is chock full of stereotypes and clichés — Argo is undeniably entertaining. Extras include a director's commentary and several making-of featurettes PETER HOWELL

# **Holy Motors**

Director, Leos Carax

Stars. Denis Lavant, Édith Scob, Eva Mendes

salutes cinema by zooming us through the sun and neon of one frantic Paris day, inside a white stretch limo in with a chameleon known as Monsieur Oscar (Denis Lavant). Destination? Unknown, even after we arrive. But there are many stops — or rather "appointments," organized by his impeccably dressed and fabulously discreet chauffeur, Céline (Édith Scob). Oscar uses the limo's on-board dressing room to assume various guises. saluting different movie genres: some violent, some romantic, some bat-dung crazy. Take Holy Motors too literally, and you may be disappointed. But let yourself go and enjoy the long, crazy car ride and you will appreciate Carax's pointed and punning metaphor for the changing face of film across the decades.



Director. Ben Affleck

rescue of six U.S. diplomats American CIA operation all along, one with Tinseltown Oscar and succeeds, picking including best picture. Does

Writer/director Leos Carax PETER HOWELL



# Don't make these big date mistakes

# Courting with class.

Come Date With Me's Wilder Weir offers some basic etiquette tips for meet-ups

Wilder Weir, host of Oh So Cosmo and an eligible bachelor on the upcoming W Net-work series, Come Date With Me, gives the male take on some of the biggest mistakes women make on a first date. or on dates in general.

# Texting/constantly checking

**her smartphone**Going on a date can be an insecure situation for anyone. Nowadays when things get awkward or scary, human nature is to bury your head into your phone like a petrified ostrich. In order to escape reality people will re-check empty email inboxes or scroll through hundreds of sepia-toned "selfie" pictures on Instagram, but on a date put your phone away for a few hours! Nothing says "this date is boring" like checking your Facebook between sips of wine at a dinner table. Unless you're sending out a mass emergency text about your location details because you suddenly realize you recognize your date from an episode of America's Most Wanted and are worried your face is going to end up on



# Talking about an ex

please, don't text a real time

play-by-play of your date to your best friend — save it for

No matter how secure your date is, he doesn't want to hear about your ex-boyfriend who was A) a doctor B) a professional athlete or C) worked with kids. File this idea within the first five dates, under "U" for useless information. Talking about an ex will only create more questions that you likely don't want to answer or possibly make your date bored. Don't get me wrong, I know this is sometimes hard to do, especially fresh out of an old relationship because

that person you broke up with was a big part of your life. However, bragging about your ex will only make him wonder why he broke up with you in the first place. Trust me, the only thing I want to hear about your ex is summed up perfectly by Taylor Swift: "We are never ever ever getting back together.'

# Too many drinks

All of this advice can apply to men and women on dates, but this is particularly good advice for both sexes. Yes, drinking may make you feel temporarily invincible, but one too many and the next thing you know you're acting out your favourite temper tantrum from Toddlers in Tiara's and turning yourself into a sexual Hiroshima. I've actually had the unfortunate experience of dating a few sloppy drunks in my day. This one girl basically turned into the conga line dancing

Come Date With Me. which sees four men or women compete for the heart of an eligible bachelor or bachelorette, premieres Wednesday night on W Network.

corpse from Weekend at Bernie's after one too many Mai Tais. Most people enjoy a few drinks to relax and help break the ice, but know your limit. There's a fine line between flirty and tipsy versus drunk and stumbling. Hey, getting drunk is fun so have a great time, but if it's TOO MUCH fun, in the end, your date might see you as someone to party with rather than a serious relationship.

# Setting sky high expecta-

Nothing puts you in the "friend zone" faster than talking about your three, six, nine month relationship plan or sharing intimate details, such as: your biological clock is ticking and your ovaries are like bloodhounds sniffing out the next insemination artist in the room. Go in with an open mind. Don't rush to put everything out there. If you hit it off, you'll have lots of time to get to know each other. Try not to take the first few dates too seriously. Have fun! METRO



# Lindsay's mood swings alarmed SamRo's mom

Ann Dexter-Jones, the socialite mother of DJ Samantha Ronson, is opening up about why she stepped in to break up Ronson's relationship with Lindsay Lohan. "I was seriously anxious about Samantha's safety and well-being. I feared tragedy," Dexter-Jones tells the Daily Mail. "It got to a point that I wasn't sleeping very well." She remembers a party for the opening of the Atlantis Hotel in Dubai as being a particular breaking point. "Suddenly, without any warning, Lindsay flung herself onto the thick carpet and started to roll around

screaming like a child,"

#### Perilous path

"I was seriously anxious about Samantha's safety and well-being. I feared tragedy."

Ann Dexter-Jones

Dexter-Jones says. "It seemed she was upset that people, including Samantha, were not paying her enough attention. To my mind, it was classic psychotic behaviour. I took Lindsay aside and told her not to make a spectacle of herself. She was clearly out of control and spoiling for a fight."



# Scrape up: Rihanna's relationship causing fierce reaction

Some of Rihanna's fans are still not OK with her rekindled relationship with Chris Brown, and they're not afraid to show it. The singer was left injured outside a London night-club after a fan hurled a bottle of Lucozade, a

British energy drink, at her while screaming about her reunion with Brown, according to the New York Daily News. Witnesses say Rihanna fell against a metal shop grate during the ensuing mayhem, cutting

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



# Fertile Fergie fesses up to having lovely baby bump



THE WORD Dorothy Robinson scene@metronews.ca

Fergie has some new, growing lovely lady lumps — it was announced yesterday via Josh Duhamel's Twitter that the couple are expecting.

"Fergie and Me and BABY makes three," he wrote. Fergie, 37, followed suit: "Josh and me and BABY makes three!!!" she tweeted, with the hashtag #mylovelybabybump.

Duhamel has been talking about fatherhood for a while. "It'll happen," he told USA TODAY while promoting his new film, Safe Haven. "It's happening.

But every three months she's pregnant (in the press). If she gets a little paunch everyone thinks she's pregnant. It's like well thanks, they're basically calling you fat.

ally calling you fat.
"But like my mom said, well, if she's been pregnant as long as everyone says that she is, well then we're going to have a baby elephant. We're on our own schedule with that."



# Supportive stars Shielded Brooke from the bad side of the biz

Brooke Shields knows why she succeeded in staying on the straight and narrow as a child star while so many like her were led astray. "I would get invited to Studio 54, but I'd leave before all the craziness and drugs happened," she says in an interview with Haute Living magazine. "I never saw the bag passed around. Andy Warhol and all those guys were very sweet to me. There was something about me that they wanted to protect and uphold."





#### @ABFoundation

Fox TV reporter followed me down street, walking my dogs. He tripped and fell. My doorman said, "I'm your witness! You didn't push him!"



## @Joan\_Rivers

Reading about all those people stranded aboard the Carnival Triumph. The passengers on the Titanic had a better time on their trip.



# @realjeffreyross

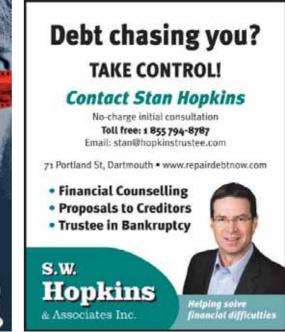
Last night on the phone my buddy @bobsaget told me his eyelid was infected and when I woke up today mine was too. Theories?



## @charliesheen

hashtag hash browns! hashtag flash clowns! hashtag crash frowns! hashtag mash gowns! hashtag porpoise fur hashtag please stop Charles





WELLNESS

# A good day to workout hard

Jai Courtney. Actor who plays Bruce Willis' son in new Die Hard instalment talks to Metro about the movie that made him buff

ROMINA **McGUINNESS** 

You totally upstage Bruce Willis in this movie. How does he feel about that? He must be mad, no? Oh gosh! I don't know. You might have to ask him.

I'm not speaking to him. You can tell me. He's the star. I will always

respect that. I certainly have no intention of upstaging him.

Did you and Bruce train together? Did he teach you any good moves?

I learned a lot from him. But Bruce has a lot to think about. He didn't have time to worry about coaching me. There are a lot of people, who are paid a lot of money, standing around to do that.

There's a lot of running and jumping out of windows - I tried counting the amount of cars you guys crashed...

Do you want to know the amount?

Sure. 108.

And how many of those did you crash?

A couple. It was an epic car

Did you have to get in shape for the role?

A little bit. It made sense to. I'm not a gym junkie. I've had to get in shape for a few gigs and I enjoy hav-

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ing to do that.

Was that for your role as the gladiator Varro in the TV series Spartacus?

Yeah. I've never done training like that since. It was the closest thing to torture I'll ever experience. It was a great challenge. There was more pressure then because I was basically in my underwear, all day, every day.

So you had to look good...

Exactly. And there's no better motivation than 30 ripped up guys around you as a means to work hard.

Did you do anything specific in terms of your diet and exercise for Die Hard?

Embarrassingly, I've always approached working out a little bit casually. I'm a bit of a wiss when it comes to that sort of stuff. You just have to cut the carbs and hit the gym a little. I was doing a lot of low

809-2221

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impact cardio — like walking and jogging. I'd go first thing in the morning — before having anything to eat. It starts up your body engine and speeds up your metabolism. I did a little bit of weight work. But ever since Spartacus, I've not worked with a trainer. I don't want to be pushed that hard. I'm too fond of beer and pizza to live my life by that kind of code.

Which of the stunts did you do?

We did pieces of just about everything. But it's unfair not to credit the 20 to 30 doubles and stunt coordinators that help make them look really

So did you actually do anything?

Absolutely. We're jumping out windows, crashing the vehicles and getting into fights — the debris tube, flying

down that thing. But insurance companies would have something to say if we tried to attempt it all ourselves.

Did you get any injuries on

None that I have any cool stories about. The only injury I got - and it was self inflicted there's a moment in the car chase when I punch the steering wheel ... and I shredded my knuckles on the Mercedes-Benz badge.

There is a lot of punching, not just from you. Did you guys have punching training?

There are a few punches going around. All that stuff is choreographed — it's like learning a dance. The steering wheel one was kind of stupid.

Did you punch it — for real?

I punched the sh— out of it. Our director, John Moore, was trying to get me worked up because that's cutting in a moment when Jack is hugely frustrated with his father. He was like, 'Feel free to punch the wheel.' So I went for it. I remember looking at the Mercedes sign and seeing chunks of my skin in it. It hurt.

Willis is on his fifth Die Hard — this is your first. What tips did he give you for being the perfect John McClane Junior?

. He didn't give me any tips. The kind of knowledge and wisdom that he passed on to me was more organic. I just learned a lot from working with the guy. It wasn't, 'Come here boy, let me show you

You fought Tom Cruise in Jack Reacher and lost. Could you take him in real life? I'd give it a red hot go! He's pretty skilled, man. Who

He's skilled, but he's so tiny! That doesn't always equate to winning a match. What do they say? 'It's not the size of the dog in the fight, it's the size of the fight in the dog.

So could you win? I don't know. Maybe we can go toe-to-toe again sometime.

You were a kid when the original Die Hard movie came out. Which movie is your favourite?

Number 1. Not only is it the introduction to this iconic franchise, it's a quintessential action film. Great villains. It set up this convention of wisecracking humour balanced with epic action. And introduced this everyman we've come to love — John McClane.

Willis' catchphrase: I have trouble pronouncing it: yippee ki-yay.

You can't say Yippee ki-

Why don't you have a catchphrase? Make one up now. I have no idea. I'll leave it to the professionals. We'll see whether something comes up

if I get to reprise the role..





# Get saucy to your liking with Salmon Teriyaki





This is the number one choice for clients of my catering company.

As an alternative, grill the fish and serve the sauce separately. Use the sauce over chicken as well.

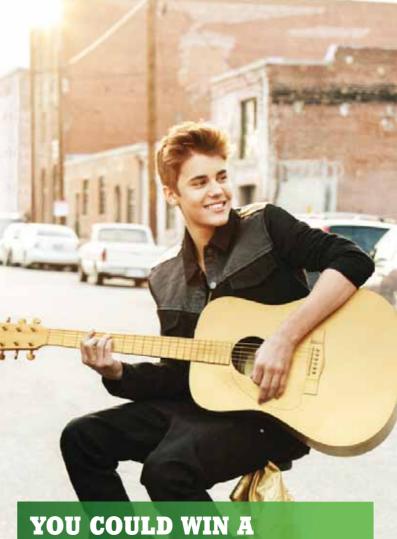
- 1. Preheat the oven to 425 F. Line a rimmed baking sheet with foil and spray with cooking oil.
- 2. Whisk the brown sugar, soy sauce, water, vin-

egar, oil, cornstarch, garlic and ginger together in a small saucepan. Cook over medium heat until thick-ened and smooth. Remove from the heat.

- 3. Place the salmon, skinside down, on the prepared baking sheet. Spoon half the sauce over the salmon. Sprinkle with sesame seeds. Bake in the centre of the oven for 10 minutes per inch thickness of fish, or until the fish flakes easily when pierced with a fork.
- Garnish with cilantro and sesame seeds and serve with the remaining sauce

on the side. ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITE-

- 1/4 cup packed brown sugar
- 2 tbsp low-sodium soy sauce
- 1 tbsp water
- 2 tbsp rice vinegal • 2 tsp sesame oil
- 2 tsp cornstarch
- 2 tsp minced fresh garlic
- 1 1/2 tsp minced fresh gin-
- four 4-oz portions skin-on
- salmon fillets
- 2 tsp sesame seeds • 3 tbsp chopped cilantro or



# **CONCERT DATE WITH BIEBER!**

# METRO "BELIEBES" IN LOVE!

Metro is inviting one lucky winner to a VIP experience at a Justin Bieber concert. You could win airfare, hotel and concert tickets for two with backstage passes to meet Bieber himself on one of his European Tour stops. All you have to do is:

- 1. Take a photo of yourself with the "I Beliebe in Love" ad which appeared on February 14th 2013 in a place you'd like to take Justin on a date. (If you missed the ad you can print it out at www.clubmetro.com/bieber)
- 2. Upload your photos by visiting
- 3. Remember to share the love! Collect votes from your friends to increase your chances of landing the grand prize!







# Tired all the time?

Feeling tired all the time may be a sign of OBSTRUCTIVE SLEEP APNEA, a common disorder where you have short pauses in your breathing while you sleep. UNTREATED, It can increase your risk for:

- · High blood pressure · Heart attack · Stroke
- · Diabetes · Irregular heart rhythms · Driving accidents



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No purchase necessary. Contest open to residents of Canada and certain other countries worldwide who are thirteen (13) years of age or older. Odds of winning depend on the number and caliber of eligible entries received. One (1) Grand Prize is available to be won, consisting of a trip to see Justin Bieber perform and meet Justin Beiber (approximate retail value of \$5,000 USD). Skill testing question required. Contest closes February 28, 2013 at 12,00AM CET. To enter and for complete contest rules visit www.facebook.com/metroint. Contest sponsors are Metro International S.A. together with its local Metro subsidiaries around the globe. The contest is in no way sponsored by Free Daily News Group Inc. or Pizza Pizza Limited. Neither Free Daily News Group Inc. nor Pizza Pizza Limited is responsible for this contest or its prize(s).

# Canada: The cyber-shopping juggernaut

# Alison on Money.

After years of growth, is online shopping the new norm?



YOUR

Canadians are cyber-shopping obsessed. According to a June 2012 MasterCard Spending Report, e-commerce grew by an astounding 24.9 per cent in the first six months of 2012 compared to the same period in 2011. At the same time the general economy grew a modest 2.2 per cent.

My own shopping habits have fallen in line with the statistic. In the past year, I've ordered everything from fresh roasted organic coffee to vegetables, supplies for my horses and wine.

Cyber shopping is a trend that was widely predicted before the dotcom crash of 2000. The old economy, bricks and mortar, was going to wither away and be replaced by new economy, Internet-based busi-

But it didn't happen. At least not then. However, change sneaks up on you, and makes itself evident with a big bang. The seemingly overnight disappearance of video stores comes to mind. And once golden Best Buy suddenly became the place for window shoppers who then beetled on home to buy online.

The Best Buy experience proves the point that many consumers still like to see an actual physical specimen, especially with big-ticket items. Internet research and market-ing company WWW Metrics notes that retailers with both a physical and online presence saw high dollar item growth of 23 per cent last year while online-only retailers reported nine per cent. It's hardly surprising. Who wants to shell out a large sum when you can't kick the tires? I recently



priced gazebos online, but didn't want to pay \$4,500 sight unseen. I finally chose a local company, which had sample products assembled for view-

ing. Selling such big-ticket items is likely the next retail challenge. Large chains like Sears and the Brick have gone one way by rolling out smaller stores specializing in beds and appliances. Lowes and Home Depot have taken a different route, offering a limited physical array in categories such as carpeting, kitchen and bathrooms with far more product available through spe-

cial order or online only.

Ironically booming e-commerce may make the biggest bricks and mortar chain of all, Walmart, even more dominant thanks to its already strong Internet presence.

Contact Alison at griffiths.alison@ gmail.com or alisongriffiths.ca



# The season forsaving



FUN AND FRUGAL

If you haven't already noticed from all the chipper tele-vision commercials lately, it's Registered Retirement Savings Program (RRSP) season! Now is the time to rush to your financial advisor's office and make a contribution for

the 2012 tax year. What's the big rush? Each year you have until March 1 to contribute to your RRSP and have it count toward the previous tax year.

Contributions are fully tax deductible and they grow tax-deferred until withdrawal; typically when you retire. The greater the amount you contribute, the more income you get to deduct from your tax return. Rather than forking over thousands of dollars in taxes to Revenue Canada, you can invest these saved dollars within your RRSP.

And, the benefits of contributing to an RRSP don't stop there.

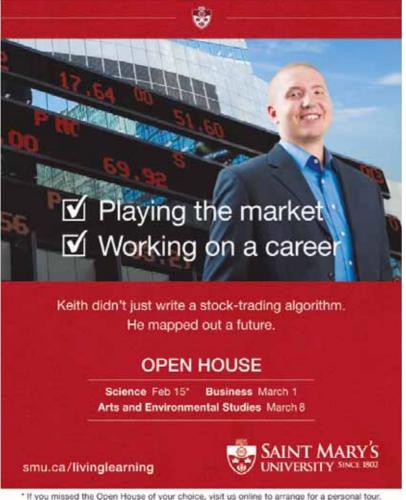
The law of reinvested returns states that more money grows larger and

faster than less money; when invested in a portfolio that is properly allocated based on your personal needs. Thus, keeping more of your money, rather than paying it out in taxes, significantly increases your nest egg.
If you're over the age of 18

and have current government issued identification, you can open an RRSP account through your local bank or financial advisor. Often times employers will provide RRSPs or an equivalent tax-advantaged retirement savings program. Once your account is opened, individuals can contribute up to 18 per cent of their income, up to \$22,970 for tax year 2012, and the limit can sometimes vary depending on your pension program at work . If you can't maximize your RRSP limit, you can carry-forward the contribution room indefinitely.

For most young people, contributing the maximum is nearly impossible. But, don't fret. Build RRSP savings over the long term by contributing regularly on pay-day and increasing your contributions annually until you reach your maximum limits. Sometimes employer retirement savings programs will even have a matching component.

So sign up and take advantage of free money!







One bite, two bites, but never, ever more. ISTOCK IMAGES

# filling up on appetizers

THE BUTLER

Dear Mr. Butler: I don't understand why people serve appetizers before dinner. I find that it generally either fills me up or my guests just eat them and then don't appreciate the dinner I made for them. What's the point and what are the guidelines?

Now in my opinion most hosts confuse a cocktail party from the cocktail hour

the "cocktail First, hour" before a sit-down dinner is not supposed to be a long event. Ideally, 30

to 40 minutes.

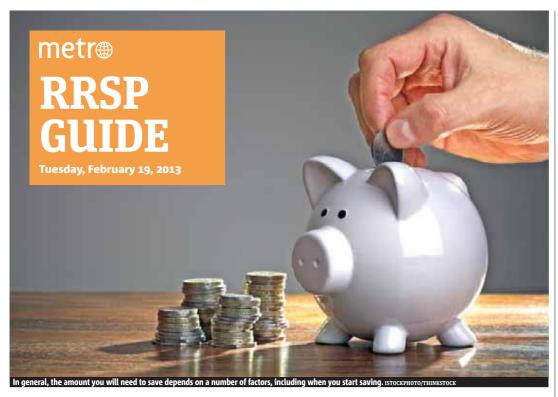
But since in most cases alcohol is being served so that your guests don't get drunk on an empty stomach prior to dinner, serving a small amount of food is a very good idea. This keeps your stomach happy and whets your appetite in anticipation for dinner.

A cocktail party has no "sit-down" meal portion, so serving plenty of appetizers throughout the entire time guests are at your house drinking alcohol is appropriate and very necessary.

Remember we always need to serve food when serving alcohol. But the difference here since we don't have dinner, the appetizers are the meal being served, thus a great quantity is needed.

But remember, no matter what, appetizers should be one bite, maximum two. NEVER MORE!

The larger the appetizer the harder it is for people to eat, and this makes people both uncomfortable and often avoid a particular food item as they are afraid to make fools or a mess of themselves in the middle of your living room.



# Look out for your future

Rule of thumb. Experts recommend to try to put 10 per cent of annual income towards retirement

**ANDERSON** 

If you are like many young people today, you aren't thinking much about retirement — it just seems so far away. But, increasingly, the onus is on you to look out for your future. And the earlier, the better.

A good rule of thumb is, if you are just starting out in the job market, say in your 20s, try to set aside 10 per cent of your annual income towards retirement, says Sue Neal, regional director, Investors Group, Toronto Downtown.

This will create the exer-

cise, or the habit, of putting away a portion of your pay and not spending it.

Those in the above category, take note: Surveys show baby boomers who are now hitting retirement age report that if they had to do it all over again, they would have started saving much earlier. As it stands, a "sizable" number of them don't start stashing away money until about a decade before they aim to

retire, Neal says.
In general, the amount you will need to save depends on a number of factors, including when you start saving, how much you think you will need in income upon retirement.

If you think you will need \$40,000 per year when you retire, bank on having \$1 million saved (that's right, one million), and if you can get by on only \$30,000, you will still need \$750,000, says Lee Helkie, a partner at Helkie Financial and Insurance Services. That's just "raw math," assuming you retire at 65 and live until 90. However, it's not accounting for inflation and other factors, Helkie says.

how much you are willing to set aside, and your "risk tol-erance," or the amount of investment movement you find

acceptable, Neal says.

"We come up with a formula, factoring in inflation, which is often the confusing part when you do it on your own. We can tell you that when you're this age, you will need this much money, and you need to invest in this, and to put this much money into it."

Saving for retirement is be-

coming increasingly important since fewer employees have defined benefit pension plans, says Lee Helkie, a partner at Helkie Financial and Insurance Services.

"We see people working into their 70s, out of necessity, not because it's a hobby."

It's a tough time right now, and people have to be serious about buckling down and staying the course when it comes to contributing to a retirement plan.

# RSP vs TFSA. Pros and cons for financials funds

Confused about when and why to put money into in a retirement savings plan (RSP) as opposed to a tax-free savings account (TFSA)? Here is the scoop from some financial planning experts.

One advantage of an RSP is that you lower your taxable income during high income years, according to Sue Neal, regional director, Investors Group, Toronto. "You defer tax on an RSP to a time when you're retired and probably making less money and, there-fore, in a lower tax bracket."

Another advantage is that

you don't pay tax on the profits of funds in an RSP, whether that's interest, capital gains, or whatever, Neal adds. "It's tax-deferred growth, so it compounds on top of the compounding; that's a real benefit.'

For some people, the lure of an RSP is the possibility of a tax refund. But don't forget that when you access that money, "every single dollar coming out is taxed as regular income," say Jason Abbott, president of WEALTHdesign Inc., and a member of Advocis, The Financial Advisors Association of Canada.

You can put 18 per cent of your annual income into an RSP to a maximum (find out how much room you have in your RSP by looking on your notice of assessment from your previous tax filing).

A TFSA also offers tax-free growth, but you can only put in \$5,000 annually (this goes up to \$5,500 next year). However, the amount is cumulative; for example, if you haven't put any money into a TFSA since this option became available five years ago, you could theoretically start one



with \$25,000 today.

TFSA funds are handy to have for large purchases paying for your son's college or a trip to Europe — during retirement. "You don't want to take that money out of your RSP because, whammo, it gets added on to your T4 RIF (a popular retirement income fund option) at the end of the year," Neal says. PAULINE ANDERSON



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metronews.ca Tuesday, February 19, 2013

# Options. RRSPs still the top choice



Even with a myriad of other options, the registered retirement savings plan (RRSP) still is the cornerstone of retirement savings for most Canadians, although they may not be using it to its fullest advantage.

The newest retirement savings vehicle on the block

is the pooled registered pension plan (PRPP). Designed to help the estimated 3.5 milion Canadians who do not have employer-sponsored pension plans or RRSPs, the PRPP would be a great adjunct to the RRSP if and when it comes formally into being.

"At the moment we don't know a lot about the environment of the program because Ottawa and the provinces are still making their decisions about it," says Colin Montgomery, a financial adviser and certified financial planner with Edward Jones. "PRPPs alone probably will not be enough when it comes to retirement planning and individuals will need advice based on their own financial situation."

A PRPP is defined as a contribution pension system offered by a third party financial institution such as a bank or insurance company. The plan administration and fiduciary duty will be the responsibility of the financial institution, making it fairly easy for small- to medium-sized companies to set one up. There likely will be some

There likely will be some major differences between RRSPs and PRPPs. PRPPs, for example, are locked in until the age of 55 at the earliest, and in some provinces that may be as high as 65.

Unlike RRSPs, you can't get your money out of a PRPP once it is in and, therefore, you could not take advantage of programs like the homebuyers plan, which allows you to withdraw up to \$20,000 to buy your first home, or to take out money tax-free for post-secondary tuition costs.

As well, you may not have as many investment options as you do with an RRSP. The actual investment guidelines will be set by the government and then individual plan administrators will offer products that meet those guidelines for investors from which to choose.

Contribution limits to a PRPP are the same as to your RRSP but cannot exceed your overall allowable limit. If you have \$30,000 of RRSP contribution room, you could make any contributions to both plans as long as the total does not exceed \$30,000.

"At the moment we don't know how the plan will be administered and how advice will be offered," Montgomery

says.

"The government sets the options, the administrator sets the products and the investors make the choice."

Statistics show that Canadians are saving less than four per cent of their disposable income and, despite the billions of dollars invested in RRSPs and tax-free savings accounts (TFSA), they have plenty of room to add more to their retirement plans.

For example, only 26 per cent of eligible tax filers contributed to an RRSP in 2010.

#### Incentives

"Vehicles like the TFSA and the PRPP are giving people a further incentive to save for their retirement. They all are good adjuncts to the RRSP, but people need to look at their own individual situation and decide what the best options are for them."

Colin Montgomery, a financial adviser and certified financial planner with Edward Jones

While total RRSP contributions in 2010 rose to \$33.9 billion, up from \$33 billion in 2009, the total amount that Canadians were entitled to contribute in 2010 grew to \$717 billion from \$671 billion in 2009

Twenty-one million Canadians have a total of \$632 billion in unused RRSP contribution room.

"Vehicles like the TFSA and the PRPP are giving people a further incentive to save for their retirement," Montgomery says.

"They all are good adjuncts to the RRSP, but people need to look at their own individual situation and decide what the best options are for them."

THE CANADIAN PRESS

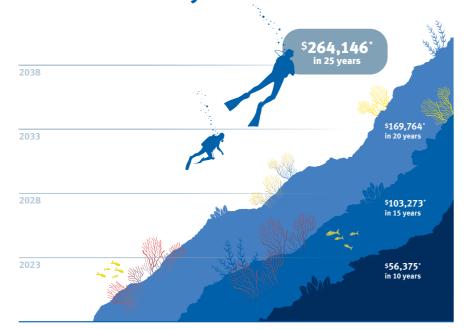
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The newest retirement savings vehicle on the block is the pooled registered pension plan (PRPP), but an RRSP is still the most popular for investors and those saving for retirement

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# QMJHL

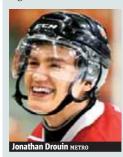
# Drouin snags third-star honour

Jonathan Drouin's strong performance last week didn't go unnoticed by the Quebec Major Junior Hockey League.

The star forward with the Halifax Mooseheads has been named the QMJHL's third star of the week after recording 10 points in four games. The 17-year-old finished with five goals and five assists and a plus-rating as the Mooseheads rolled to a pair of victories over the Prince Edward Island Rocket, as well as wins against the Shawinigan Cataractes and Moncton Wildcats

Drouin, who has a 20game point streak, leads the QMJHL with a 2.1 point-per-game average. He sits tied for fourth in league scoring with 34 goals and 82 points in 39 games. Peter Trainor of the Rimouski Oceanic has 89 points in 57 games to lead the QMJHL scoring

race.
Nikita Kucherov of the
Rouyn-Noranda Huskies
was the QMJHL's first star
after recording four goals
and 12 points in three
games. Second star went
to Anton Zlobin of the
Val-d'Or Foreurs. Zlobin
had 12 points, including
three goals, in four outings. METRO



NBA

# Buss dead at 80

Jerry Buss, the Los Angeles Lakers' playboy owner who shepherded the NBA team to 10 championships from the Showtime dynasty of the 1980s to the Kobe Bryant era, died on Monday. He was 80.

He died at Cedars-Sinai Medical Center in Los Angeles, said Bob Steiner, his assistant.

Buss had been in hospital for most of the past 18 months undergoing cancer treatment, but the immediate cause of death was kidney failure, Steiner said.

With his condition

With his condition worsening in recent weeks, several prominent former Lakers visited Buss to say goodbye.

THE ASSOCIATED PRESS



# Arsenault winless at Tournament of Hearts

Nova Scotia skip Mary-Anne Arsenault takes a shot during the sixth draw on Monday against Manitoba at the Scotties Tournament of Hearts in Kingston, Ont. Arsenault is 0-4 at the tournament. Team Canada's Heather Nedohin, Manitoba's Jennifer Jones and Ontario's Rachel Homan all had 5-0 records after seven draws. Round-robin play continues through Friday with playoff games set for this weekend. RYAN REMIORZ/THE CANADIAN PRESS

# Scrivens bars entry to Leafs' goal again

NHL. Toronto plays four of next six games on the road, where they have been finding success this season

The Toronto Maple Leafs are hoping to keep things rolling on the road.

Ben Scrivens notched his second consecutive shutout, and Clarke MacArthur and Nazem Kadri each had a goal and an assist to lead the Maple Leafs to a 3-0 win over the Florida Panthers on Monday night.

Phil Kessel also scored for the Maple Leafs, who won for the sixth time in seven games. Toronto is off to its best road start since opening 7-2-0 away from home during the 1940-41 season.

Scrivens, who got his first career shutout last Saturday in a 3-0 victory over Ottawa, stopped 37 shots.

"I said it two days ago, a



Toronto Maple Leafs goaltender Ben Scrivens, centre, stops a third-period shot by Florida Panther Tomas Kopecky, right, on Monday in Sunrise, Fla.

shutout is a team stat, it's not strictly a goaltender stat," Scrivens said. "The guys did a great job killing penalties, blocking shots, making smart plays at both the offensive and defensive blue-lines and letting me see the puck. So, much of

the credit goes to them."

The Leafs beat the Panthers for the first time in seven games dating to a 4-3 shootout win on Feb. 1, 2011.

"We don't want to get overly excited," MacArthur said. "It's really early yet. On Monday

3

0

Leafs

Panthers

We want to keep building. Our team is getting better and better. Our goalies have been playing great. It's something where it's a good feeling we're building something here but we don't get too excited." Jose Theodore made 30

Jose Theodore made 30 saves for Florida, which lost its fifth straight overall and sixth in the past seven at home.

The Maple Leafs play four of their next six games on the road and are being careful to not get overconfi-

"We're still very much a work in progress," Maple Leafs coach Randy Carlyle said.

THE ASSOCIATED PRESS

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metr⊕ **SPORTS** 

# pe Bryant blocks the shot of LeBron James on Sunday during the 2013 NE star game in Houston. The first half of the season hasn't gone as planne

nd the Los Angeles Lakers, but the all-star is confide

# **Bryant confident** in a turnaround for lowly L.A. Lakers

NBA. Second half of season begins Tuesday with Los Angeles 10th in the West; Heat on hot streak leading East

Kobe Bryant and the Los Angeles Lakers turned their attention on Monday from bad basketball and trade talk to more sombre matters.

The death of Jerry Buss, their longtime owner, was a blow for a franchise that was so often in a championship chase under his leadership. With Magic Johnson and Kareem Abdul-Jabbar, Bryant and Shaquille O'Neal, and finally Bryant and Pau Gasol, the Lakers won 10 titles since Buss became owner in 1979.

The Bryant-Gasol-Dwight Howard-Steve Nash combination wasn't working nearly as

The Lakers are 25-29, currently in 10th place in the

Western Conference, miles behind the Clippers in their division and their own building, and out of the playoff race. Gasol is hurt and Howard has been unhappy, leading to speculation he could be dealt before Thursday's trade deadline even though the Lakers have said otherwise.

Yet Bryant spoke confidently of a turnaround on Sunday after the all-star game, just hours before Buss's death at 80.

"I think we've been playing pretty well coming into the break," Bryant said. "We laid a couple of eggs there against the Celtics and the Clippers, but all in all we've been play-ing pretty well, much better than we have been. We just have to continue to improve and we'll do much better in the second half."

It starts on Tuesday, with the Lakers looking to get back on track, the Miami Heat in command in the East and LeBron James in com-

**W** 36

GB

61/2

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21/2

23

.640 .604 .585

.577 .569 71/2

.538

**EASTERN CONFERENCE** 

Bryant blocked James' shots twice in the final minutes of the West's 143-138 victory over the East on Sunday in the all-star game. It was a rare failure for James, who has been sensational all season and whose Heat have hit their stride. Miami ran off seven straight victories going into the break and is starting to build a comfortable lead in the conference.

New York is the closest challenger in the standings, while Indiana and Chicago have already beaten Miami this season and could become stronger with Danny Granger soon returning to the Pacers and perhaps Derrick Rose coming back to the Bulls at some point. THE ASSOCIATED PRESS

They're No. 1

At 42-12, San Antonio has the league's best record.

# NBA

# Buss dead at 80

Jerry Buss, the Los Angeles Lakers' playboy owner who shepherded the NBA team to 10 championships from the Showtime dynasty of the 1980s to the Kobe Bryant era, died on Monday. He was 80.

He died at Cedars-Sinai Medical Center in Los Angeles, said Bob Steiner, his assistant. Buss had been in hospi-

tal for most of the past 18 months while undergoing cancer treatment, but the immediate cause of death was kidney failure, Steiner said.

"He was a great man and an incredible friend," tweeted Hall of Famer and former Laker Magic John-

SOn. THE ASSOCIATED PRESS



# 15 minutes of

Call 420-1013 weeknights to co-host the Interactive NINE@9 with Ruby!

# Discovered this week:

- Kayla West Chezzetcook
- Haley West Chezzetcook
- Jason
  - Porters Lake





# Murder case. 'Why my little girl?' Mother of victim wants answers

The family of Oscar Pistorius' slain girlfriend wants answers, her mother told a Johannesburg newspaper, as South Africans braced to hear why prosecutors believe a national hero murdered the model who was shot multiple times.

June Steenkamp, Reeva Steenkamp's mother, told The Times in a front-page interview published on Monday: "Why? Why my little girl? Why did this happen?

Why did he do this?"
"Just like that she is gone," the newspaper quoted her as saying in what it described as an emotional telephone interview. "In the blink of an eye and a single breath, the most beautiful person who ever lived is no longer here."

Pistorius, who remains in custody in a red-brick onestorey police station in Pretoria, is set to return to court on Tuesday for the start of his bail hearing. It will be the first opportunity for the prosecution to describe evidence police against the 26-yearold double-amputee runner and the reasons why he was charged with murder. Prosecutors allege the killing was premeditated.

Pistorius' family denies he committed murder though have not addressed



custody after the death of his

whether he shot her. When word first emerged about the killing there was speculation in the local media that Steenkamp had been mistaken for an intruder in Pistorius' home. Police have said that was not something they were

considering.

While Pistorius goes to court, Steenkamp's funeral will also be held on Tuesday in her hometown of Port Elizabeth on South Africa's southern coast, her family said. It is to be a private ceremony at a local crematorium, closed to the public and media. THE ASSOCIATED PRESS



NBA

New York Indiana Brooklyn

Chicago

Atlanta

Boston

Note: division leaders ranked in top three positions regardless of winning percentages.

TUESDAY'S GAMES — ALL TIMES EASTERN Toronto at Washington, 7 p.m. Charlotte at Orlando, 7 p.m. Memphis at Detroit, 7:30 p.m. Milwaukee at Brooklyn, 7:30 p.m. Milwaukee at Brooklyn, 7:30 p.m. Chicago at New Orleans, 8 p.m. Boston at Denver, 9 p.m. Golden State at Utah, 9 p.m. Phoenix at Portland, 10 p.m. Phoenix at Portland, 10 p.m. San Antonia at Sarzamento, 10 p.m. San Antonio at Sacramento, 10 p.m.

San Antonio at Sacramento, 10 p.m. WEDNESDAY'S GAMES Memphis at Toronto, 7 p.m. New York at Indiana, 7 p.m. Detroit at Charlotte, 7 p.m. New Orleans at Cleveland, 8 p.m. New Orleans at Cleveland, 8 p.m. Brooklyn at Milwaulee, 8 p.m. Orlando at Dallas, 8 p.m. Orlando at Dallas, 8:30 p.m. Drooklyn at Atlanta, 8 p.m. Orlando at Dallas, 8:30 p.m. Poston at L.A. Lakers, 10:30 p.m. Phoenix at Golden State, 10:30 p.m. Phoenix at Golden State, 10:30 p.m. THURSDAY'S GAMES THURSDAY'S GAMES

Miami at Chicago, 8 p.m. San Antonio at L.A. Clippers, 10:30 p.m.

# NHL

#### **EASTERN CONFERENCE** ATLANTIC DIVISION GP W L OL GF GA Pt Pittsburgh 16 11 16 9 14 8 17 7 5 0 3 4 5 1 9 1

New Jersey NY Rangers

52 42 38 45 Philadelphia NY Islanders 15 6 8 1 45 NORTHEAST DIVISION GP W L OL GF GA Pt 15 10 4 1 43 34 21 13 9 2 2 37 31 20 16 10 6 0 46 36 20 16 8 6 2 37 31 18 16 6 9 1 46 54 13 Boston Toronto Ottawa

# Buffalo SOUTHEAST DIVISION

GP W L OL GF GA Pt 14 8 5 1 14 7 6 1 15 4 7 4 41 55 35 40 17 45 15 56 12 Tampa Bay Florida Winnipeg
Washington
Note: A team witeam losing in o 14 5 8 1 15 5 9 1 MONDAY'S RESULTS

# Ottawa 2 New Jersey 1 (SO) Philadelphia 7 NY Islanders 0 Colorado 6 Nashville 5 Montreal 3 Carolina 0

Toronto 3 Florida 0 Phoenix 4 Calgary 0 Columbus at Anaheim TUESDAY'S GAMES — ALL TIMES EASTERN

Montreal at NY Rangers, 7 p.m. Winnipeg at Buffalo, 7 p.m. NY Islanders at Ottawa, 7:30 p.m Toronto at Tampa Bay, 7:30 p.m.

San Jose at St. Louis, 8 p.m. Detroit at Nashville, 8 n.m. Vancouver at Chicago, 8:30 p.m.
Los Angeles at Edmonton, 10 p.m.
WEDNESDAY'S GAMES

Philadelphia at Pittsburgh, 7:30 p.m.
St. Louis at Colorado, 10 p.m.
Los Angeles at Calgary, 10 p.m.

THURSDAY'S GAMES Florida at Philadelphia, 7 p.m. New Jersey at Washington, 7 p.m. Buffalo at Toronto, 7 p.m. Winnipeg at Carolina, 7 p.m. NY Islanders at Montreal, 7:30 p.m. NY Rangers at Ottawa, 7:30 p.m. Boston at Tampa Bay, 7:30 p.m. Columbus at Detroit, 7:30 p.m. Vancouver at Dallas, 8:30 p.m.

Minnesota at Edmonton, 9:30 p.m

WESTERN CONFERENCE

CENTRAL DIVISION

 
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 15 12 0 3 15 9 5 1 16 7 4 5 15 7 6 2 15 4 9 2 St. Louis Nashville Detroit Columbus NORTHWEST DIVISION

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37 **GP W L OL** 14 8 3 3 15 7 6 2 **GA Pt** 33 19 38 16 38 15 43 13 Minnesota 14 6 5 3 35 38 15 14 6 7 1 37 43 13 14 5 6 3 39 51 13 Edmonton Colorado Calgary

# PACIFIC DIVISION

GP W L OL GF GA Pt 14 11 2 1 16 8 6 2 14 7 4 3 16 8 7 1 13 5 6 2 50 44 37 37 23 41 18 Phoenix San Jose 33 17 43 17 36 12

MAPLE LEAFS 3, PANTHERS 0

First Period
1. Toronto, Kessel 3 (van Riemsdyk) 17:04 Penalties - Orr Tor (Fighting) 2:41, Parros Flo (Fighting) 2:41.

Second Period

2. Toronto, Kadri 5 (Phaneuf, Macarthur) 12:13 (pp)

3 Toronto, Macarthur 3 (Kadri, Franson) 13:57 Penalties — Franson Tor (Interference) 6:21, Komarov Tor (Diving) 7:28, Campbell Flo (Interference) 7:28, Fleischmann Flo (Hooking) 10:47, Strachan Flo (Fighting) 14:43, McLaren Tor (Fighting) 14:43, Gudbranson Flo (Cross-checking) 15:37, Komarov Tor (Diving) 15:37.

No Scoring **Penalties** — Kovaley Flo (Tripping) 7:18. Kessel Tor (Hooking) 11:58, Kessel Tor (Tripping) 17:50.

Shots

Toronto 12 14 6—32 Florida 14 11 12—37 Goal — Toronto: Scrivens (W, 4-3-0).

Florida: Theodore (L. 4-6-2). Power plays (goal-chances) — Toronto: 1-2. Florida: 0-3.

Referees — Rob Martell, Kelly Sutherland. Linesmen - Steve Barton, Brad Kovachik. Attendance — 17,177 at Florida

BY KELLY ANN BUCHANAN

# **↑** Aries

## March 21 - April 20

Your duties and chores may be restricting you to one place but don't let it stop you from looking further ahead. Start making plans now. The day when you can do something with them may not be far away.

# **Taurus** April 21 - May 21

As an Earth sign, you usually stick with the same old routines but if you try something different today, the element of surprise could work in your favour. You may even surprise yourself by how much you enjoy it.

# **∐** Gemini

#### May 22 - June 21

The next few days will be hugely important for those Geminis who want to move up in the world. The Sun in the career area of your chart is on your side. Only fear of success can hold you back.

# Gancer

# June 22 - July 23

Someone needs your support today. You may not entirely approve of the choices they have made but you will be there for them nonetheless. You may even be secretly impressed that they refuse to follow the herd.

# $\Omega$ Leo

## July 24 - Aug. 23

If you can't make others understand what you are trying to explain, don't worry about it. This is one of those times when everyone is likely to get things mixed up, but it will all make sense in the end.

# **W** Virgo Aug. 24 - Sept. 23

You might as well be more tolerant today because partners and loved ones will do their own thing whether or not you approve. In fact, if they know you object they may take delight in doing it all the more.

# 

# Sept. 24 - Oct. 23

Resist the urge to interfere in other people's private affairs today. If you stick your nose where it isn't asked for and isn't wanted, you could find that you do unite the warring factions — against you!

# **M** Scorpio

## Oct. 24 - Nov. 22

It seems you are missing one final piece of a puzzle that has been annoying you and you may find it today. When you do, don't be surprised if the picture looks different than what you expected.

# 🗷 Sagittarius Nov. 23 - Dec. 21

The Sun in Pisces at this time of year makes loved ones a bit sensitive, especially to criticism, so keep your Sagittarian habit of calling it as you see it under control. You don't always have to tell the truth.

# り Capricorn

#### Dec. 22 - Jan. 20

Honesty is always the best policy — but it cuts both ways. If someone says something you disagree with today, you should look at their remarks closely before you hit back. Maybe there's some truth to them.

# Aquarius Jan. 21 - Feb. 19

For some strange reason almost everyone you meet lately wants to be helpful, to do you favours. Should you take advantage of the situation? You most certainly should! It may be a long time before you are this popular again.

# H Pisces

# Feb. 20 - March 20

Even if you are not a particularly ambitious Piscean, the Sun's journey through your sign over the next few weeks will ignite your desire to make something of yourself. Bigger and better things await you.

- omy", \_\_ Oh
  7. Typing-efficiency meas.
- 16. Lively circle dance

- 21. Anne Hathaway's Oscar-nomin-
- Buddies"

- 35. Clock's li'l time segments

- 42. Summer clock setting [acro-
- "Oh What a Feeling" band
- 49. Norse thunder god

- 54. Sault \_\_\_. Marie, Ontario 56. 'Hypn' suffix
- 57. RRRoll Up the Rim to Win

- 66. Some punk music fans
- 67. 'Enthusi' ender
- 68. High school in "Grease" (1978) Down
- 1. Exhaust

# Crossword: Canada Across and Down

- 14. Hawaiian greetings

- ated role in "Les Miserables"
- 23. Early-'80s Tom Hanks sitcom,
- scoreboards
- 31. Most profound
- 33. Oscar-winner Sophia

- 39. Cram 41. Laboratory bottle
- nym]

- 50. Period
- 51. Tavern orders
- 52. What \$20 bills are made of

- 63. Same: French
- 65. Greek Myth: Muse of astron-
- omy

- 1. Canadian star of "Grey's Anat-

- 15. " -haw!"
- 19. Departed one's bio

- 34. Нарру

- 43. Don't pass

- chain: 2 wds.
- 64. Wee weekday

#### Across

- 10. Briefly get ready
- 17. Ottawa's \_\_ Buildings
- 20. Compass dir.
- 27. MLB's Diamondbacks, on
- 29. 'Chamel' completers
- 30. Prefix to 'violet'
- 38. "The Brady Bunch" son

- 44. "\_ bleu!"
- 48. Signed, as a deal

- - 4. FedEx rival 5. Dustin Hoffman/Tom Cruise
    - Oscar-winning film: 2 wds.

2. Birmingham's li'l state

3. Agatha Christie novel, \_

33

38

42

63

66

- 6. Wise \_\_ owl: 2 wds.
- 7. X's spelled-out follower 8. Montreal Neurological Institute
- founder, Dr. Wilder 9. Prefix to 'morphosis'

10. Pics

- 11. Canadian actor Alan's singer/ songwriter son: 2 wds.
- 12. "Happy Days" actress Ms. Moran's

- 13. Cracker topping
- 18. Honey drink

27

31

- 22. Require 23. WWII's Battle of the
- .." (Prayer opener) 24. " 25. Celeb's long ride to the Os-
- cars?: 2 wds. 26. Portland.
- 28. Frequent customer
- 32. Salary 36. More unique
- 37. Toboggans 39. Viewed 40. Captain James T. Kirk ...the 'T.'

stands for what?

- 41. Weather (Barn topper)
- 44. "Mimi on the Beach" singer 46. Posh cars, Rolls-
- 47. Foolhardy 49. Symbolic pole
- 52. Apple or pear, in botany
- 5. "At Last" singer Ms. James 55. \_\_ of duty 58. "How I \_\_ Your Mother"
- 59. Small amount
- 60. U2 sona 61. Nothing
- 62. Pizzeria owner in "Do the Right Thing" (1989)"

involved.

# How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math

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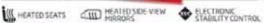


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6,824 NOW





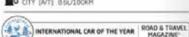


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